

We Believe in You.

**Have you ever felt like unseen forces are preventing you from getting back on top?
You're not alone. There is a way to break through. You might just need a hero or two.**

TIRED OF BEING TIRED?

"There is nothing so fatiguing as the eternal hanging on of an uncompleted task."

- William James

READY TO REALLY LIVE?

"Only those who risk going too far can ever find out how far one can go." – T.S. Eliot

GET BUSY LIVING.

"Get busy living, or get busy dying." – Andy Dufresne, The Shawshank Redemption

DECIDE TO STOP REPEATING HISTORY.

"What would you do if you were stuck in one place and every day was exactly the same, and nothing that you did mattered?" – Phil Connors, Groundhog Day (1993)

YOU'RE WORTH MORE THAN WHAT YOU'VE BEEN SHOWING.

"Change is what happens when the pain of staying the same is greater than the pain of changing."

– Rav Berg

HOW COURAGEOUS ARE YOU?

"It takes a great deal of bravery to stand up to our enemies, but just as much to stand up to our friends." - J.K. Rowling, Harry Potter and the Sorcerer's Stone (2001)

YOU'VE LEARNED MUCH. LET'S APPLY WHAT WORKS.

"Take one's adversity. Learn from their misfortune. Learn from their pain. Believe in something. Believe in yourself... Turn adversity into ambition. Now blossom into wealth."

- Tupac Shakur (1971-1996)

GET A COACH IN YOUR CORNER.

"The world ain't all sunshine and rainbows... It will beat you to your knees and keep you there - permanently - if you let it. You, me, or nobody is going to hit as hard as life. But it ain't about how hard you're hit; it is about how hard you can get hit and keep moving forward, how much can you take and keep moving forward. That's how winning is done!" - Rocky Balboa (2006)

FILL THE INNER VOID FIRST.

"There's always something we're supposed to be doing when we're tempted to do something we know we shouldn't." - Tiger Todd

IT'S YOUR JOURNEY. THIS ONE'S FOR YOU.

"The one who follows the crowd will usually get no further than the crowd. The one who walks alone is likely to find himself in places no one has ever been." – Albert Einstein

EVERYBODY IS GOING THROUGH SOMETHING. WHY NOT GO THROUGH?

"We're in hell right now, gentlemen. Believe me. And, we can stay here, get the shit kicked out of us - or we can fight our way back into the light. We can climb outta hell... one inch at a time. Now I can't do it for ya, I'm too old... I mean, I've made every wrong choice a middle-aged man can make... I've pissed away all my money... I chased off anyone who's ever loved me. And lately, I can't even stand the face I see in the mirror. You know, when you get old, in life, things get taken from you. I mean, that's... that's... that's a part of life. But, you only learn that when you start losin' stuff. You find out life's this game of inches." - Coach Tony D'Amato, Any Given Sunday (1998)